

Reduce Readmissions

Kindred's Hospitals reduced rehospitalization rates by 8.4% from 2008-2011.

The Problem

With hospital stays shorter than they used to be, patients may be discharged in frailer states. Approximately 20% of Medicare patients are readmitted within 30 days of discharge.

Rates of 30-Day Readmission

- Heart attack: 19.9%
- Heart failure: 24.7%
- Pneumonia: 18.3%

Source: Medicare; ** Agency for Healthcare Research and Quality

Challenged with discharge planning, care transitions, and readmissions? Admit to Kindred.

Congestive heart failure, heart attack and pneumonia account for the majority of Medicare readmissions due to recurrence, complications and poor adherence to medications and post-hospital regimens.

Appropriate referrals may include:

- post-cardiac surgery
- congestive heart failure
- valvular heart disease
- congenital heart disease
- post-myocardial infarct with complications
- cardiomyopathy
- peripheral vascular disease

Respiratory Conditions

Appropriate referrals may include:

- pneumonia
- aspiration pneumonia
- exacerbation of COPD
- respiratory failure

Indications:

- shortness of breath
- dyspnea
- X-ray with infiltrate
- elevated temp and/or change in sputum
- decreased O₂ saturation
- elevated frequency of nebulizer treatments
- frequent cough after meals (possible aspiration)

Direct Admit

Patients can be admitted to Kindred in lieu of acute care for continued hospitalization or if alternative level of care failed.

Your Discharge Planning Partner – Kindred Hospitals

Kindred Transitional Care Hospitals offer expert interdisciplinary care and services tailored to the medically complex patient including:

- 24-hour physician support
- special care units
- telemetry units
- on-site laboratory
- radiology services
- operating rooms

Integrated and interdisciplinary care management teams focus on a patient's individual needs. Team members may include:

- nursing
- physicians
- respiratory care
- case management
- pharmacy
- nutrition
- infection control
- wound care specialists
- therapists including physical therapist, occupational therapist and speech-language pathologist

Kindred Transitional Care Hospitals have the time to provide the care to enhance recovery and optimize the patient's condition, thereby reducing the number of readmissions.



Kindred Hospitals
of Southern California

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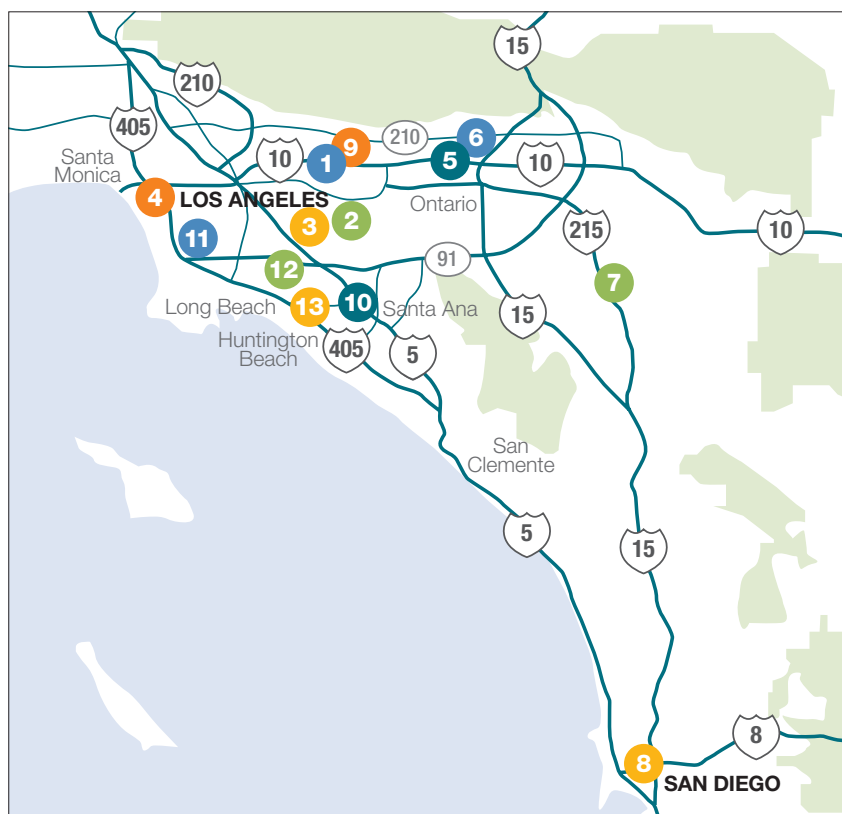
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